

Reception Curriculum Overview

Spring Term 1 – Fabulous Food



Stories / Books / Songs

Oliver's Fruit and Vegetables

Pass the Jam Jim

The Giant Jam Sandwich

The Bees and the Honey

The Little Red Hen Makes a Pizza

The Best Chip

Growing Good

The Gigantic Turnip

Eat Your Peas

Daisy the Doughnut Fairy

Izzy the Ice Cream Fairy

Lola the Lolly Fairy

Camilla the Cupcake Fairy

The Very Hungry Caterpillar

Barry the Fish with fingers

Norman the slug with the Silly Shell

Eating the alphabet from A to Z

Come Outside Food series

Ketchup on your cornflakes

Why can't I have chocolate for breakfast?

How do you make a?

India – curry, map, flag (glue & stick), language.

- Introduce a grocery shop in the role play area
- Read The Run Away Chapati
- Writing linked to the story.
- Read Eating the alphabet story
- Look at homework – a-z foods.
- Letters and Sounds
- Positional Language
- Count objects from a larger group.
- Rhyme – Little Miss Muffet



How do fruit and vegetables grow?

Talk for Writing Week – The Enormous Turnip

Spain - fruit, map, flag (glue & stick), language.

- Read Oliver's Fruit Salad/Oliver's Vegetables
- Observational sketching and shading of a pineapple.
- Growing food
- Yum Yum stories
- Making a fruit kebab/vegetable soup
- Farming
- Feely bag – guessing the vegetable.
- Homework – classifying fruit and vegetable sheet.
- Letters and Sounds
- Addition stories
- Challenges
- Rhyme – Blue Bottle



How do you make bread?

France – bread, map, flag (paint), language.

- Story of the Week - The Giant Jam Sandwich and Pass the Jam Jim
- Homework - Food diary
- Making bread and jam
- Recipe writing
- Reading recipes
- Subtraction stories
- Looking at non-fiction books
- Rhyme – 10 fat sausages



Don't put your finger in the Jelly Nelly.



Where do chips come from?

England – chips, map, flag (collage), language.

- Potato printing
- The journey of a chip (come outside)
- Uses of potato
- Different types of potato
- Make a Mr Potato head
- Visit to the chip shop on the mini bus.
- Addition and subtraction stories using frozen chips.
- Rhyme – 1 potato, 2 potato
- Letters and Sounds



Can you eat with chopsticks?

China – noodles, map, flag(cut out, stick on 5 stars), language,

- Chinese New Year
- Let's Celebrate (Cbeebies)
- Chinese writing
- Paint Chinese Dragons
- Make Chinese lanterns
- Money
- Letters and Sounds
- Rhyme – Mix a pancake, stir a pancake



How does food change over time?

Italy – pizza, map, flag (sponge print), language.

- Observe and predict changes overtime.
- Food decay
- Looking at similarities and differences inside and outside.
- Changes to food by melting/freezing and mixing
- Grow a cress head
- Read The Little Red Hen Makes a Pizza
- Recipe writing
- Reading recipes and looking an non-fiction books
- Following a recipe and making a pizza
- 3D shapes
- Letters and Sounds
- Rhyme – Sally Go Round the Sun



What is a balanced diet?

- Food groups
- 5 a day
- Tasting different fruit
- Following a recipe and making a fruit smoothie
- Letters and Sounds
- Challenges
- Addition and subtraction
- Printing with fruit and vegetables
- Repeated patterns



Special Events ;

Valentine's Day Read Guess How Much I love You

Chinese New Year